

Minutes

Date:26/09/2023 Time:9.30 am

Venue: Online meeting

| Attendees |
|-------------------------------------|
| Angela Brennan (Chair) |
| Alexandra Boyd – |
| Alice Lyons – |
| Amber Skyring - WCA |
| Becky Thompson - Home-Start South |
| Wiltshire |
| Beth Simpson – Crimestoppers |
| Carl Houghton – Spurgeons |
| Caroline Fowke - Wiltshire Dyslexia |
| Alliance |
| Catharine Symington – Healthwatch |
| Wiltshire |
| Charlotte T - Rainbow Trust |
| Dawn Whiting – NHS ICB |
| Lucy Bracher – Spurgeons |
| Lucy Kitchener – We Hear You |
| Natalie Huggins – MoTiv8 |
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Nicky Harris – Spurgeons
Patricia Podger – Elizabeth House
Russell Martin – Spurgeons
Rosie Delgado – WPCC
Sarah Hawkins –
Stu Dendy – Home For Good
Suzanne Wigmore – Citizens
Advice Wiltshire
Tania Rackham – Home-Start
North Wilts
Tash Flintoft – Army Welfare
Service
Vicky Watt – Rise Trust
Sarah Pickering -WCA

In attendance – Linda Cantillon-Guyatt - Administrator

Margaret Firth – Wiltshire Community Foundation Simone Waterman -Community First David Reeves - Warminster Area Health & Wellbeing Forum Caroline Wells - Spurgeons Kim Hannay-Young - Wiltshire Portage Lin Scott - Volunteering Matters Emma Blackmore - Julia's House Vicky Harker - AWS Liz James - Barnardo's Katy Harrison - Wiltshire Police Trudy Srawley WPCC

Apologies

| | | Damian Haasjes – Wiltshire Wildlife Trust |
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| | | Jessica Severn - Freefrom |
| Iten | n | Who |
| 1. | Welcome | |
| | No conflicts of interest raised. | Chair |
| 2. | Angela opened the meeting and gave update from Wiltshire Council commissioning team. Alison Elliot to become interim director of commissioning. Jen Salter to lead on children's commissioning. Jen not able to attend any forthcoming meetings, but open to questions and comments from the forum. Commissioning activity update: recommissioning of children's centre and family hubs – final deadline for tender 10/10/23. Contracts start 1/4/24. District specialist centres and portage: Wiltshire Cabinet meeting next month to confirm decision to recommission these services. Proposal is portage contract to start April 2024 and District specialists Sept 2024. | Chair |

Short Breaks Scheme review: preparing options paper on future of scheme.

Detailed the expansion of the free entitlement for working parents previously announced by the Chancellor.

Gave update on CFVSF's provisional training provision: Trying to arrange contextual safeguarding before Christmas. Winterbury Training will be providing Young People's Mental Health training on 22nd November for members 7hrs course.

Ways of Writing Workshop on 28th Sept. Online course through SVPP and virtual college.

LCG made the meeting aware that we've asked for peoples interest in contextual safeguarding and only had three interested parties come back, Please contact Linda at admin@cfvsf.org to register your interest so that it can go ahead.

Linda Cantillon-Guyatt

FACT Pilot Project in Westbury & Warminster: Had picnic on the pitch over summer holidays, attended by 111 families – 243 children. Well supported by children's centres and police. Holding events in October half term. If interested in being part of, looking for orgs that may wish to set up activity for children, eg; stall or table. Would allow you to promote and network. Claire.stevens@wiltshire.gov.uk

Chair

Feedback on the WCA Joint Commissioning review meeting $\mathbf{4}^{\text{th}}$ September.

Hosted with Wiltshire Council, with Elizabeth Saunders, who has since left Wiltshire Council.

Amber Skyring

An opportunity for the voluntary sector, Wiltshire Council commissioners and health commissioners to come together and explore how to work better moving forward.

Framed using King's Fund review was used to prompt discussion.

This review occurred as a direct result of challenges faced by organisations in the children and families arena.

40 voluntary sector organisations were represented at the meeting. Helpful dynamic meeting with a very optimistic feel.

No clear answer right now though but being followed up. As the WCA don't have permission to share all the paperwork from the session, or any agreement as to next steps now that Elizebeth Saunders is no longer working at WC. Amber assured the meeting she will continue to take this forward once a new commissioner is appointed.

Up-date one Wiltshire Together

FACT: Will be a front door to accessing children and families services via the Wiltshire Together platform, launching in the autumn.

Amber Skyring

50% of CFVSF members are not on Wiltshire Together. WCA are reaching out to offer support getting those groups on board. As they feel its important.

| | Mid-autumn be running user engagement events to test how families navigate round the pages and what they feel is missing. | |
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| 3. | The Maternity Neonatal Voices Partnership The presentation can be viewed here . | Elle Western |
| 4. | Community Navigator, Early Support Hub, Wiltshire Council Part of the role is getting to know what's available for families in Wiltshire. Wiltshire is large so it's a big task. | Sarah Tregelles |
| | Trying to establish better relationships with the voluntary sector. Get as much info out to our families and that the information is correct and up to date. | |
| | Working on multi-agency forums (MAF). Each area of Wiltshire has one and they're done once a term. Not every area's is currently up and running but looking to change that. | |
| | Q: How long does a MAF meeting take? Are you able to provide a list of which ones are operating? A: About an hour long. You can find the dates of currently running MAFs here . | |
| | Early support hub Currently offering consultations to professionals that want to discuss family. Mon, Wed & Fri at the moment. From 2 nd Oct, running daily. 9.30am-3.30pm. Ring normal MASH number and info officer will pass details on and call back. Ask that details are anonymised. | |
| | Offer tours of MASH team and presentation on service. They are last Weds of every month. | |
| | Chair thanked Sarah and suggested she come back and give an update in future. | Chair |
| | Comments from members People find it challenging that they can make referral to MASH team and don't have any feedback and don't know what's going on. | |
| | If we feel it doesn't meet the threshold for help, should receive and email listing why that is and other areas that may be able to support eg: another agency. | ST |
| 5. | Children & Young People's Programme Manager for NHS Bath & NE Somerset, Swindon and Wiltshire, Integrated Care Board (ICB) | Dawn Whiting |
| | The presentation can be viewed here. | |
| | Q: Will the youth workers need to be trained in mental health? A: No, it's a youth worker role and not a mental health role. The slides need updating. Talking about emotional wellbeing dysregulation – might be someone showing heightened anxiety due to being in hospital, or a looked after child showing difficulty in their placement. Very much youth work. | Catherine Symington DW |
| | Q:Will this cover autistic children or young people? A: We have to be explicit that it's all inclusive and providers are able to provide services acceptable and understood for different cohorts. This might be lanyards that mark staff are specialist in certain areas. Yes, inclusive, but needs ironing out. | CS DW |

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| | Q: It's a youth worker but it's like a brokering role? Does provide engagement and support but provides brokering into mental health services? | Sarah Pickering |
| | A: Doesn't have to be mental health. My understanding of ED is when a young person presents, they're given a mental health assessment before discharge. Anyone deemed to meet the threshold will have their way into CAHMS that way. There's positive activities that can have a massive impact on young people's mental health. Barriers to engaging in sports groups or going to school – that kind of youth work. Young people that are struggling may become even more vulnerable to criminal activity and fall into further mental health needs and fall out of education. Very much a youth worker role, not always signposting. | DW |
| | Q: Some great practice out there in monitoring and evaluating impact of youth worker role, will you be able to draw on historical things to get up and running quickly? | SP |
| | A: Have a template for reporting. This is NHS funding, so our reporting needs, we need to know the windows of when young people are presenting, the barriers of why their presenting, how many times have they arrived before but haven't since this intervention. As well as improvements in wellbeing and impact on their life and community, we have specific data we need to collect and report on. This has to be provided by the partner. | DW |
| 6. | Comfort break | All |
| 7. | The forum members broke into groups to discuss the current situation in relation to the support and ease of accessing support for children and young people in relation to their emotional well-being and mental health for the families you are working with. | All |
| 8. | Feedback | |
| | Group 4: Will be really good once everyone's using Wiltshire Together. More out there than people realise. E.g.New service commissioned by ICB, The Ocean, a birth trauma service. Women can be referred by GP or health visiting. Working on process to ensure people can self-refer. Treating moderate to serve parents with birth trauma. Pathway to ensure everyone's getting support they need. | |
| | Group 3: Divide between gap in services of what's provided in school and what's provided by CAHMS. CAHMS waiting list is longer, taking longer for people to become trained as CAHMS staff. What happens in the middle? What's the interim support? | |
| | Suggested that CAHMS or River Sanctuary Project to come along to a CFVSF meeting to work out what the threshold is. Unless the mental health problems are quite severe it's difficult to access services. | |
| | Big gap in services for special educational needs. Particularly supporting children with communication issues. | |
| | Gap in services for 16–19-year-olds, things taper off. Impact of Covid and complexity of issues around emotional wellbeing. | |
| | Lot going on in the community that contributes to emotional wellbeing of children and young people, but not necessarily | |

recognised as such. An example: Cinderella's wardrobe in Salisbury. Any pupil who can't afford to go to prom are given free attire hire.

Group 2: Discussed - Who's the lead in child mental health? Found Family go to GPs or charities with free counselling or therapy as families can't necessarily afford it. Long waiting lists due to demand and funding.

A lot of agencies are charity based and can be tricky to find at times. FACT pilot and Wiltshire Together should be a good source all in one location.

Early intervention doesn't necessarily go deep enough – not necessarily psychological. Many agencies focus on the trauma, but not always the psychology.

Group 1: Remarked Once you're through the front door, things can be easier but if there's changes or cancellations it's difficult to get back in the loop.

With Young children it's often during a period when they're undiagnosed and there's a long pathway to diagnosis. During that period there's not really support of parents on how to parent best. If there are mental health issues, is good enough parenting good enough? Or, should parenting look slightly different?

Thresholds very high. Intervention for older children not until police involved. Although, some good examples of police working compassionately and effectively.

Mental health services not often able to support when drug use is in the picture, even though it's the drug use to cope with the mental health issues they're suffering.

Lonely space for parents to be in. Apart from CAHMS they are left to navigate the space of voluntary orgs alone.

The group also raised the question -How secure are we knowing what the other agencies are doing? Is there some way of recording under work themes, a spreadsheet for example?

Will Wiltshire Together do this in the end?

Eg: wouldn't necessarily know Wiltshire wildlife trust do a lot with young children and mental health.

9 AOB

Get Online Event

Monday 16th Oct 10am-1pm – Warminster Library 2pm-5pm - Mere Library

Future Forums

Inviting back HCRGB to hear more about their services.

Family hub update in the New Year.

Simon Thomas & Amber Skyring possibly coming back in Nov to update on FACT & Wiltshire Together.

Dyslexia drop in event on 5th October at County Hall. 11am-6pm. Few dozen organisations represented.

Caroline Fowke

Chair

| 10 | Date of next meeting November 28th 9.30am – 11.30am | All |
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